Open Flanders SC: Session: 5: COACH evaluation sheet for TEAM: ZN

Coachinfo: Warming up from: 08:30 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Geebelen Inge HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 27: 100M BACKSTROKE WOMEN — Heat:5, starttime: 10:19

Heat: 5/5 Lane : 4 Athlete: VERDONCK FLEUR — **Q-time: 00:59:38**

PB (25m pool): 00:59.38 Gent 09/11/2025 **PB (50m pool):** 01:01.01 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:28.48		00:59.38	
		00:28.48		*00:30.90*	
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Coach feedback: